

THE 3 JACKS BREAKFAST

(8.00 AM to 11:00 AM)

BURGERS

THE 3 JACKS BEEF BURGER Ground Beef with our home made sauce, onion, tomatoes & lettuce	\$15.99
CLASSIC BURGER Ground Beef, onion, tomatoes & lettuce	\$16.99
HERCULES BURGER Ground Beef, onion, mushroom & cheese	\$17.99
VEGGIE BURGER Onion, tomatoes & lettuce (All burger with fries) choice of any salad \$4.99	\$13.99



ENGLISH BREAKFAST

Sunset Eggs Three sunset eggs, pancake & tea or coffee with any 2 choices Home fries or fries, bacon, toast and sausages	\$15.99
French Toast Served with scrambled eggs, sausages & tea or coffee	\$14.49
Omelette Sandwich Served with fries & tea or coffee Salad extra \$3.99	\$9.99



PITAS

Veggie, Chicken Gyro, Gyro with fries or salad (Salad extra \$3.99) Pita Bread with Onion, tomatoes, Tzatziki & Lettuce	\$12.49
Falafel Pita with fries or salad (Salad extra \$3.99) Pita Bread with falafel, onion, tomatoes, hummus, feta, lettuce & olives	\$12.49

SANDWICHES

Tuna Sandwich with fries & tea / coffee	\$10.49
Steak Sandwich with fries Sirloin Steak with mushroom, caramelized onion, Swiss cheese focaccia bread	\$13.99
Homemade Sandwich with fries & tea / coffee Chicken, Shrimps, Mushroom & Onion Salad extra \$3.99	\$16.99

FISH & CHIPS

Fish and chips with fries & tartar sauce (Salad extra \$3.99)	\$14.49
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KIDS MENU

Chicken fingers, onion rings, chicken nuggets & fries Served with ketchup, plum sauce and hot sauce	\$17.49
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LUNCH MENU

APPETIZERS

THE 3 JACKS NACHOS Mixed colors tortilla, kalamata olives and tomato, onion, mushroom, mixed peppers, mixed cheese Add Chicken or Beef \$4.00	\$11.99
FRIED CALAMARI Special house flavored, lightly breaded and deep-fried calamari with smoked chipotle sauce	\$10.99
POUTINE	\$7.99
GARLIC BREAD / CHEESE GARLIC BREAD (1Pc)	\$0.49
CHICKEN WINGS	
10 WINGS	\$12.99
20 WINGS	\$23.49
25 WINGS	\$29.99



SOUP

SOUP OF THE DAY (Ask the Server)	\$5.99
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SALAD

CAESAR SALAD Romaine with parmesan cheese, bacon bits, croutons and homemade caesar dressing	\$6.99
MANGO SALAD Mango chunks, pumpkin seed, dates, romaine lettuce and mix cheese homemade dressing	\$8.49
GREEK SALAD Romaine lettuce with crumbled feta cheese kalamata olives, cucumbers, onions, bell peppers, and tomatoes with homemade dressing	\$8.49



BURGER

(Gluten free add \$1) soup or salad	
THE 3 JACKS BEEF BURGER Minced ground beef patty seasoned in our own house, spices topped with our homemade mac sauce, garnished with greens, Bermuda onions and tomatoes	\$15.99
BLUE BACON BURGER Minced ground beef patty seasoned in our own house, spices topped with bacon and blue cheese dressing, garnished with greens, Bermuda onions and tomatoes	\$16.99
VEGGIE BURGER Home veggie burger with tomatoes onions and sweet chili sauce	\$12.99



SANDWICHES

Chicken Sandwich with fries	\$10.49
Steak Sandwich with fries Sirloin Steak with mushroom, caramelized onion, Swiss cheese focaccia bread Salad extra \$3.99	\$13.99



QUESADILLA

CHICKEN	\$11.99
VEGGIE	\$9.99
CHEESE	\$8.99
BEEF	\$11.99



STEAK WITH VEGGIE

(Mashed Potatoes or Fries)

RIBEYE STEAK 10OZ	\$25.49
NEW YORK 10OZ	\$24.99
T-BONE 10OZ	\$24.99
CHICKEN BREAST 10OZ	\$19.99



TACOS

(Gluten free add \$1)

FISH TACOS Homemade battered and deep-fried haddock topped with greens and smocked chipotle aioli served over the coleslaw on tortillas	\$14.49
VEGGIE TACOS Mixed veggie with spinach, sweet chili sauce served over the coleslaw on tortillas	\$10.49



GYRO (Beef, Lamb mix) Served with Rice, Potato or Veg & Tzatziki, House Salad	\$18.99
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CHICKEN SOUVLAKI Served with Rice, Potato Or Veg & Tzatziki, House Salad	\$19.49
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PASTA (Linguine & Penne)

CHICKEN	\$17.99
SHRIMP	\$19.99



Sauces: Rose Sauce, Garlic Cream Sauce

DOSA, MASALA DOSA & IDLY

5 Idly Served with sambar & chutney	\$10.49
4 Plain Dosa Served with sambar & chutney	\$10.99
1 Masala Dosa Served with sambar & chutney	\$11.99
1 Egg Dosa	\$3.49



EALAM KOTHU ROTI

Veg. Kothu Roti	\$10.49
Egg Kothu Roti	\$11.99
Chicken Kothu Roti	\$14.99
Mutton Kothu Roti	\$14.99
Beef Kothu Roti	\$14.99
Seafood Kothu Roti	\$16.49



CURRIES

	SMALL	MEDIUM	LARGE
VEG. CURRY	\$5.49	\$7.49	\$9.99
Dal Curry			
Potato Curry			
Eggplant Curry			
Soya Meat Curry			
NONVEG. CURRY	\$7.49	\$9.99	\$14.99
Chicken Curry			
Mutton Curry			
Beef Curry			
SEAFOOD CURRY	\$8.49	\$10.99	\$16.99
Cuttlefish Curry			
Fish Curry			
Shrimp Curry			
Crab Curry			



SOUTH INDIAN DISHES

VEG THALI Served with Rice, Four Veg Currys, Papadam & Rasam	\$12.49
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NON VEG THALI Served with Rice, Three Veg Curry's & one Non Veg Curry	\$14.99
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PITTU MIX	\$9.99
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BIRYANI Served with Rita	\$15.99
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CHAPATI & POORI

4 Chapati	\$9.99
4 Pooori	\$9.99

Served with one curry or sabji

NOODLES

Chicken Noodles	\$12.99
Shrimps Noodles	\$12.99

BEVERAGES

Coke	\$2.99	Tea	\$2.49
Sprite	\$2.99	Coffee	\$2.99
Fanta	\$2.99	Water	\$2.99
Pepsi	\$2.99	Falooda	\$5.99
Ginger Ale	\$2.99	Energy Drink	\$5.49
7th	\$2.99		

DESSERTS

Ealam mix fruit ice cream	\$8.99
Lava Cake with Ice Cream	\$8.99
Gulab jamun	\$1.49
Ealam cone ice cream	\$3.49



When you order any two regular food items, you can get the third food item at half price

Monthly Tiffin service for students



Restaurant Hours:
Tue - Thu : 8.00 AM - 8.00 PM
Fri - Sun : 8.00 AM - 8.30 PM

Applicable taxes extra



INDIAN, CANADIAN, GREEK, BAR & GRILL

Take Out - Dine in - Delivery - Catering
Private Party, Events & Karaoke

DAILY SPECIAL

TUESDAY



Masala Dosa	\$10.49
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WEDNESDAY



Pittu Mix	\$8.49
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THURSDAY



Kothu Roti	\$12.49
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FRIDAY



Biryani	\$12.49
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SATURDAY



Chicken Penne Pasta	\$16.49
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SUNDAY



GYRO (Beef, Lamb mix)	\$16.49
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Served with Rice, Potato or Veg & Tzatziki, House Salad

Tel: (613) 743-5690 / (416) 455-6168

E-mail: info@the3jacks.ca
15 Mill St, Frankford, ON K0K 2C0